



C R E S C E N D O  
*Lives of Lasting Purpose*

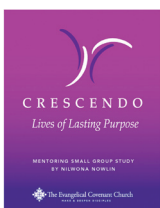
## 2021 CRESCENDO RESOURCES

### Crescendo Clusters

Coaches meeting regularly with persons interested in mobilizing boomers and beyond as missional disciples in their spheres of influence (local congregation, cluster of congregations, and/or community).

### Small Group Studies

Our leader's guides are available for free download at [covchurch.org/crescendo/resources](http://covchurch.org/crescendo/resources). All guides are easily adapted to the virtual environment and are available in both English and Spanish.



- **Crescendo: An Ascent to Vital Living** - This six-session guide explores the biblical basis and practical application for each of the six dimensions of the SPICES framework (Spiritual, Physical, Intellectual, Community, Emotional, and Service). This framework is a guide for personal growth as well as developing ministries to encourage growth of adults in the later seasons of life.
- **Mentoring** - This five-session guide explores biblical models of mentoring, with Jesus as the ultimate mentor, and different approaches to mentoring including practical guidelines and tips.

### Seminars hosted or led by Crescendo Coaches

All seminars are 90 minutes plus breaks. At this time, they are only available through Zoom. Contact your Crescendo conference coach for more details.



- **My Money Story in collaboration with Covenant Trust Company** (Crescendo Coach hosts; CTC representatives present) The seminar focuses on exploring one's own unique relationship with money (my money story) and thinking about what he/she wants the next chapter of that story to be. Each registrant completes a confidential online personal assessment, Habitudes. The summary stimulates personal reflection in the process.
- **Introduction to SPICES** - The seminar provides a basic overview of the SPICES framework for wholistic growth as a disciple and supporting ministry by, with, and for boomers and beyond.

### Available for Personal Use by Boomers and Beyond



- **Crescendo Facebook** ([crescendoecc](https://www.facebook.com/crescendoecc)) features inspirational quotes, reflections, practical resources, and recorded conversations with boomers and beyond engaged in "crescendo living" as a disciple.
- **Crescendo App** - Download the app and get direct access to resources from peers, including biblical reflections, testimonies of vital living, grandparenting ideas, and articles related to the SPICES framework for a "crescendo" lifestyle as a disciple.

### Coming Soon



- **Virtual Conference: Finding Joy in the Journey, May 26th at 12:00-2:00pm CST** - Join us and discover a holistic approach to vital living as a disciple. There will be COV Talks covering purpose and emotional well being along with a panel discussion on mentoring. This event is for boomers and beyond, as well as ministry leaders who are interested in unleashing the potential of boomers and beyond to engage in the work of God's kingdom.
- **Small Group Study on Grandparenting (Coming in June 2021)** - The five sessions explore biblical and personal models for grandparenting, implications of the ages and stages (birth to 35), and pathways for building relationships and creating a legacy.